

THE HAND & FLOWER

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BREAKFAST

Available from 7-11am Monday to Friday and 8-11am on Saturday

Full English Breakfast

Mrs Owton's smoked streaky bacon, Hampshire pork sausage, two fried eggs, button mushrooms, slow roasted tomatoes, Heinz baked beans, black pudding & toast

11.00

Vegetarian Full English

Hash brown, baby spinach, fried egg, button mushrooms, vegetarian haggis, slow roasted tomatoes, Heinz baked beans & toast

9.00

Egg Benedict

Two poached eggs, Black Cab cured English ham and signature hollandaise sauce on top of a freshly baked muffin

8.50

Egg Royal

Two poached eggs, London Porter smoked salmon and signature hollandaise sauce on top of a freshly baked muffin

9.00

Egg Florentine

Two poached eggs, baby spinach and signature hollandaise sauce on top of a freshly baked muffin

8.00

Avocado on Golden Sourdough

Fresh avocado, tomato, poached egg & chilli oil

9.00

Sausage & Egg Bap

Hampshire pork sausages and fried egg on a cholla bun

6.50

Bacon & Egg Bap

Mrs Owton's dry cured streaky bacon and fried egg on a cholla bun

6.50

American Pancakes

Banana & blueberry

6.00

House Granola

Yoghurt & mixed fruit

6.00

Warm Croissant

Mature cheddar and Black Cab ham

6.00

Porridge

Banana, berries & honey

5.00

Fresh Fruit Salad

3.50

Pastry

2.50

Continental Breakfast

8.00

Add on toast for £1.25

JUICES

Pears and Greens

Pear, cucumber, ginger & lime juice

4.50

Wake up Shake

Apple, carrot & ginger

4.50

Super Juice

Carrot, beetroot & cucumber

4.50

Hand and Flower Detox

Apple, cucumber, celery & lime juice

4.50

HOT BEVERAGES

Americano

2.50

Cappuccino

2.50

Flat White

2.50

Latte

2.50

Double Espresso

2.50

Single Espresso

2.00

English Breakfast Tea

2.00

Earl Grey

2.00

Herbal Teas

2.00

Hot Chocolate

3.00

Belebe's
Head Chef
Mariusz Balabas



@FULLERSKITCHEN WE TAKE TASTE PERSONALLY

If you require information regarding the presence of allergens in any of our food or drink, please ask your server who will be happy to provide this information. Whilst a dish may not contain a specific allergen, due to the wide range of ingredients used in our kitchen foods may be at risk of cross contamination by other ingredients.